

Social Work with Carers

Example session plan

Aim:

To promote and support social work with carers that is inclusive, trusted, expert and makes a difference to their lives.

Target Audience

- > Social workers
- > Wider social care and health staff
- > Carers
- > Voluntary sector

Materials

All materials are accessible on the website

- > Video: Carers tell us what they want from social work
- > Top Tips for Practice
- > Practice Overview
- > Examples
- > Capabilities for social work with carers
- > Learning needs analysis
- > Reflective cycle
- > Learning and development action plan

Session content

You can use elements of this session as you choose

Watch the Carers video

Share the Top Tips for Practice

Reflective discussion: What do carers need and want from social work?

Share the Summary messages from the Practice Overview

Reflective discussion: How do we need to strengthen practice in our local area?

Share the Capabilities for social work with carers

Individual work: Learning Needs Analysis

Use the Examples and reflective questions to consider practice with carers

Use the Reflective cycle to consider your own practice

Use the Learning and development action plan to identify further learning and action to take following the session